Abstract

The invention relates to a rail guide (1) having [0022] two guiding rails (6, 6'), which are disposed mirror-inverted with regard to one another, for a suspended and guided sliding component (2) with a carriage (5) presenting at least one carrying roller (8) and at least one guiding roller (9, 10). The invention is focused on the fact that the guiding rails (6, 6') present a vertical strut (11) and horizontal upper and lower legs (12, 12', 13, 13') oriented against each other, which, at least in the region of frontal butt joints adjoining each other, present aligned apertures (16, 17) for the accommodation of centring elements, that the carrying rollers (8), in the region of the main track, are supported on the lower horizontal legs (13, 13') of both guiding rails (6, 6') and that, when using two spaced apart carriages (5) for each sliding component (2), the guiding roller (9, 10) of one carriage (5) is positively guided in a guiding rail (6, 6') and the guiding roller (9, 10) of the second carriage (5) is positively guided in the adjacent guiding rail (6, 6').